



Suicide Prevention and Postvention Resources South Carolina

Spartanburg, Cherokee and Union Counties all have access to the [Sharpen Family toolkit](#), funded by United Way of the Piedmont. You can use it as is, or customize it to meet the needs of your district. Simply email rfarrell@sharpenminds.com to learn more.

What is Sharpen:

Sharpen is a comprehensive mental health platform that informs parents, educators and students about mental health and suicide risk using evidence-based content. Built over the course of nearly 20 years in collaboration with researchers in public health and psychology the platform is used as gold-standard professional development training for districts and as emotional / mental wellness toolkits for families and for young adults. Learn more at SharpenMinds.com.

- [Sharpen Leadership](#)
- [Sharpen Research](#)
- [Sharpen White Papers:](#)
 - [SEL vs MHL: There is a Difference](#)
 - [Suicide Prevention](#)
 - [US Dept of ED Guidelines](#)

School Resource Mapping

- [National Center for School Mental Health](#), University of Maryland

Recommendations for Suicide Prevention / Postvention

1. Yearly pre-planning to highlight where we are vulnerable and to identify the specific risk factors existing in the community
2. Plan ahead what training and screening are needed to support district / community
3. Plan ahead how to manage grief and/or strategy around treating those who are highly impacted in the community.

Links to Suicide Postvention Resources

- [SC Suicide Prevention Resource Center](#)
- Accompanying [suicide prevention / postvention guide](#)
- NAMI NH - CONNECT Postvention training: <https://theconnectprogram.org/available-services/>
- [CDC recommendation for Community Plan for Containment of Suicide Clusters](#)
- [SAMHSA – Preventing and Responding to Suicide Clusters for Native American populations](#)
- [CDC Resources](#)
- [SPRC Postvention resources](#)



Suicide Prevention and Postvention Resources South Carolina

Links to Suicide Prevention Resources

- Dr. Alex Karydi: Helping Kids Cope with Grief: <https://www.sharpenminds.com/helping-children-teens>
- [Dr. Karydi “Stepping up and affirming LGBTQIA+ youth”](#) via SPRC
- [Sharpen Family contains over 20 hours of training on suicide prevention / trauma available by logging in as ‘educator’ here.](#)

Other National Suicide Prevention Training/Resources

- 2021 Surgeon General Suicide Prevention Call To Action: <https://www.hhs.gov/sites/default/files/sprc-call-to-action.pdf>
- Living Works (ASIST, SAFE TALK, etc.): <https://www.livingworks.net/asist>
- Suicide Prevention Resource Center: <https://www.sprc.org/>

Trauma-Informed Resources:

- 2020 CA Surgeon General’s Report Roadmap for Resilience ... https://osg.ca.gov/wp-content/uploads/sites/266/2020/12/Roadmap-For-Resilience_CA-Surgeon-Generals-Report-on-ACEs-Toxic-Stress-and-Health_12092020.pdf
- PACEs Network: <https://www.pacesconnection.com/>