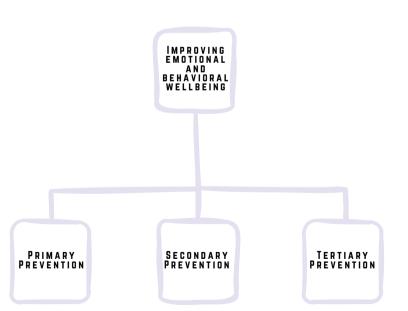
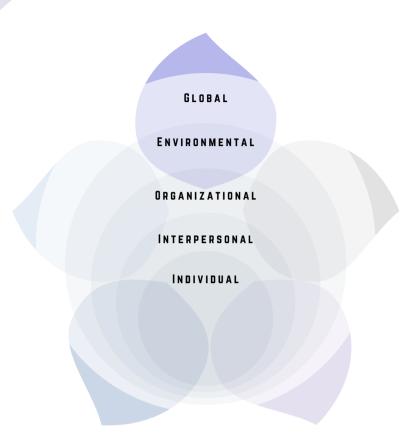
THE SHARPEN SYSTEM

Over the past 20 years, we have developed a radical approach to implementation research focused on improving mental health disparities. These include:

- 1. Digitizing the social-ecological model to reduce stigma and improve mental health literacy.
- 2. Providing a library containing over 4,000 documentary films about resilience and mental health developed through community based participatory research.
- 3. Collaborating to develop our award-winning mental health prevention content with a specific focus on youth and parent populations where mental health disparities are present.
- 4. Validating and implementing culturally appropriate preventive interventions at the classroom and community-levels.



10 WAYS SHARPEN REDUCES MENTAL HEALTH DISPARITIES



- 5. Leading professional training workshops to optimize existing evidence-based approaches.
- 6. Trauma-informed training of medical providers to minimize bias in diagnosis and treatment.
- 7. Improving continuity of care and mental health outcomes through screening & assessment tools.
- 8. Increasing availability of mental health prevention and treatment interventions.
- 9. Ensuring that prevention and treatment interventions are relevant and appropriate for communities impacted by health disparities across a range of ages.
- 10. Practicing inclusive research that ensures all community members are at the table.