



Sharpen Supports Child and Student Social, Emotional, Behavioral and Mental Health Needs as recommended [by the US Department of Education](#).

Sharpen's alignment with US Dept of ED Priorities:

1. Prioritize Wellness for Each and Every Child, Student, Educator, and Provider

Sharpen's content has been utilized as part of Resilient Schools and suicide prevention initiatives and has shown to improve resilience and decrease stress. We improve the classroom educator's ability to enhance their own mental health as well as improving the mental health of their students. Our priority is mental wellness. We have worked with over 200 national thought-leaders in social, emotional and mental wellbeing of children. The Sharpen team has been developing health technology and award-winning mental health literacy content for over 30 years.

2. Enhance Mental Health Literacy and Reduce Stigma and Other Barriers to Access

Our content and the method by which we have curated our system leads an individual to increase their mental health literacy, decreases stigma, and take action. We provide vetted resources in the community and offer CBT content prior to, and in-between clinical visits. Our data has shown sustained engagement with the ecosystem of mental health and improvements in individual mental health outcomes.

3. Implement Continuum of Evidence-Based Prevention Practices

Every module in Sharpen's course library is created using the MHL framework. Sharpen's logic model follows public health best practices and focuses on improving eight primary protective factors for mental disorders and resilience, including:

- Stress Management & Mindfulness
- Improving Coping Skills
- Understanding Dietetics through Disordered Eating Prevention Models
- Understanding Trauma, Suicide and Mental Health Literacy
- Improving Body Esteem and Decreasing Weight Stigma
- Social-Emotional Skills; including Self-Regulation / Control and Self-Acceptance
- Improving Media Literacy, Financial Literacy and Healthy Relationships
- Connecting with Community / Role Modeling / Mentoring

4. Establish an Integrated Framework of Educational, Social, Emotional, and Behavioral-Health Support for All

The Sharpen system is complementary to the Interconnected Systems Framework following Positive Behavior Intervention and Support best practices. Our approach allows multiple tiers of participants to engage in screening, mental health literacy education and social emotional skills development.



5. Leverage Policy and Funding

Sharpen is well positioned to help school districts leverage ESSER funding recently made available by the U.S. Department of Education.

The Sharpen system was created in collaboration with over 40 agencies specializing in child welfare, foster care, social services and juvenile justice. The tools within the service feature peer stories of strength in documentary film format. Our system aligns each of the following ESSER. For details, Click [HERE](#).

- ADDRESSING LEARNING LOSS
- EDUCATION TECHNOLOGY
- MENTAL HEALTH SERVICES
- SUMMER LEARNING

6. Enhance Workforce Capacity

Since 2006, Sharpen has worked with over 900,000 students, staff, and professionals in fifteen states representing 33 different school systems.

A 2020 survey of 57 school clinicians and educators who used the Sharpen program found that:

- 86% of our partners say that registering and accessing the program is easy.
- 82% say they use the program themselves
- 94% said the modules were helpful and informative; and
- 80% would recommend the program to others.

7. Use Data for Decision Making to Promote Equitable Implementation and Outcomes

Sharpen allows for robust and highly adaptable gathering of de-identified data to help researchers and school professionals better understand utilization and implementation outcomes. Because the Sharpen system incorporates both social, emotional and mental health literacy educational modules along with a highly curated network of community resources, Sharpen is uniquely able to collate deidentified data on a full range of behavior and engagement metrics.