

# THE INTEGRATION OF SYLVIA THE WOOD NYMPH

**A FIVE-HOUR COURSE ON DISSOCIATIVE IDENTITY DISORDER  
BY TIMOTHY D. BREWERTON, MD**

**5 CME/CNE/CEU CREDITS OFFERED THROUGH EATING RECOVERY CENTER, LLC**



Timothy D. Brewerton, MD, DLFAPA, FAED, DFAACAP, CEDS-S is an experienced clinician, researcher, teacher, mentor, writer, editor,

advocate and consultant in the eating disorder and trauma fields.

He is currently Affiliate Professor of Psychiatry & Behavioral Sciences at the Medical University of South Carolina in Charleston, where he is in private practice. He has board certifications in general, child-adolescent, and forensic psychiatry, and addiction medicine. He is Distinguished Life Fellow of the American Psychiatric Association; Distinguished Fellow of the American Academy of Child and Adolescent Psychiatry; Founding Fellow and former Board Member of the Academy of Eating Disorders (AED); Founding Fellow and former president of the Eating Disorders Research Society; former president of the SC Psychiatric Association; author of >170 articles/book chapters; editor of 2 texts. He has given >400 presentations nationally and internationally and has reviewed for >60 scientific journals.

Artwork: "The Roots and Reflections of a Wood Nymph"  
by Tamsin Bridge

## OBJECTIVES:

- Explain the historical development of the concept of dissociation, multiple personality disorder (MPD) and dissociative identity disorder (DID).
- Compare the adaptive functions of the various alters that are identified and described in this case presentation.
- Describe modern neurobiological findings that support the validity of DID.
- Summarize the major principles of DID treatment.

## REGISTRATION:

- \$149 individual
- \$999 institutional / educational



Register at  
[SharpenMinds.com/Sylvia](https://SharpenMinds.com/Sylvia)

**"I am delighted to have the opportunity to endorse Dr. Tim Brewerton's course on 'The Integration of Sylvia.' This course will guide you through the long-term treatment process of integration and recovery of an illustrative case of DID using selected segments of videotaped original psychotherapy sessions. Dr. Brewerton shares his rationale for specific interventions throughout the training. He is a psychiatrist that has researched and studied both trauma and eating disorders for the last 4 decades. He is skilled in psychopharmacology, a prolific researcher with numerous published studies, papers and books, but is also a gifted clinician and teacher. This course will provide the new clinician or the most seasoned professional with unique insights into treating this most challenging clinical population."**

Amy Baker Dennis, Ph.D., FAED, DACT

- Dennis, Moyer, Branstetter and Associates, Bloomfield Hills, Michigan
- Department of Psychiatry & Behavioral Neurosciences, University of South Florida

**"I highly recommend Dr. Timothy Brewerton's course, 'The Integration of Sylvia the Wood Nymph' to all clinicians who encounter and treat trauma in their patients (that would be all clinicians). Dissociative Identity Disorder is much more common than previously thought. It can be difficult to recognize and very challenging to treat. Being able to actually see in archival footage how Sylvia's DID comes to light in her treatment for other symptoms and how Dr. Brewerton is able to help her integrate is truly a gift. Dr. Brewerton is known for his many publications and research on trauma and eating disorders, and he is also an amazing teacher who walks us through how to understand the adaptive function of different identities so that they can be safely integrated."**

Theresa Fassihi, PHD, FAED, CEDS-S

- Executive Director, Encourage Trauma Center, Houston, TX

**"I've been to many international conferences and presentations over the last decade and this was by far my favorite. It's nearly impossible to truly depict how valuable the video clips of Dr. Brewerton's sessions with Sylvia are."**

Courtney Armstrong, R.D.

- Eating disorder dietitian
- My Simply Nutrition, LLC, Columbia, SC

**"This course offers a unique view of a thorough case study on an individual with DID who is able to successfully integrate her 'alters' through the course of therapy with Dr. Brewerton. As a participant in a prior related workshop presentation by Dr. Brewerton, I can reaffirm that the Sylvia case is fascinating. Dr. Brewerton has very thoughtfully compiled and edited the video clips and related transcriptions over the course of decades, and gives you a comprehensive view of a therapeutic process that will never be captured in the same way."**

Heather Hower, MSW, LICSW, QCSW, ACSW

- Faculty Associate Specialist - Eating Disorders Center for Treatment and Research, University of California at San Diego School of Medicine, Department of Psychiatry, San Diego, CA.
- Faculty Research Associate - Hassenfeld Child Innovation Institute, Brown University, School of Public Health, Department of Health Services, Policy, and Practice, Hanover, DE